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| Welcome  1:00 pm | Welcome to National Injury Prevention Day Twitter chat! Use #BeInjuryFree in all responses & respond to each question (Q1, Q2, Q3…) w/ answer (A1, A2, A3…). 1st question coming soon! |
| Icebreaker  1:01 pm EST | Introduce yourselves below! Who are you? Where are you from?  We’re a Seattle-based injury prevention and research center @UW. We bring a multidisciplinary approach to studying many types of injury. We’re focusing this #NationalInjuryPreventionDay on youth suicide prevention & safe storage. Glad to be in the chat today! #BeInjuryFree |
| Q1  1:05 pm EST | Motor vehicle crashes are a leading cause of death in children. What are some ways caregivers can protect their children from an MVC-related injury?  A1: The best way to prevent an injury in a car crash is by using a properly fitting car seat or seat belt for your child’s size and age. Set an example by buckling up yourself and putting down your phone in the car. #BeInjuryFree  Cont tweet 2:  A1: Car seats can be confusing – find information on car seat recs at: https://hiprc.org/outreach/booster/ #BeInjuryFree |
| Q2  1:12 pm EST | Who should caregivers reach out to if they are worried that their child is at risk of being hit by a motor vehicle on their walk or bike to school?  A2: Elementary school kids need a grownup to help them get to school safely. For older kids, create a safe route to school. Add reflective strips to outerwear and backpacks, and insist on a helmet for bike riding. Advocate with your school for safety! #BeInjuryFree |
| Q3  1:20 pm EST | With more families at home during the pandemic, what can families do to decrease injury risks inside the home?  A3: Pediatric injuries often occur at home. Quick safety checks include making a safe play space for toddlers when a parent is preparing meals, ensure that a fireplace/wood stove is fenced off to prevent burns, & keep meds in a lock box #BeInjuryFree  (reply to above)  A3: Lots of small items, like medication, button batteries, or small magnets, look like toys or candy to young kids. For more on button battery injury risk and prevention on our blog: <https://hiprc.org/blog/families-can-take-action-to-prevent-pediatric-battery-injuries/> |
| Q4  1:27 pm EST | How do you choose to discuss the importance of firearm injury prevention in today’s political climate  A4: At HIPRC, one of our core sections is the Firearm Injury & Policy Research Program. Their mission is to reduce the impact of firearm injury and death on people’s lives through research and collaboration with institutional, community, and governmental partners. #BeInjuryFree  (reply to above)  A4: Our center is one of three states to have a state-funded firearm research program. #BeInjuryFree Learn more about them: <https://hiprc.org/firearm/> |
| Q6  1:42 pm EST | The holidays are right around the corner. What is a piece of advice to caregivers to keep kids safe this season?  A6:As families get ready for the holiday,we want to remind everyone to consider virtual celebrations to limit the spread of the COVID-19 virus. Make sure the kitchen has a fire extinguisher, & find an alternative to fireworks as we hope for a brighter future in 2021 #BeInjuryFree |
| Q7  1:50 pm EST | What is an injury prevention topic that is near and dear to your heart? What motivates you to continue your work in injury prevention?  A7: At HIPRC, multidisciplinary researchers, medical providers, and community stakeholders work together to identify & redress disparities in injury-related healthcare. We are building community partnerships to achieve injury prevention & health equity. #BeInjuryFree  A7: For more about HIPRC, our mission, and who we serve- visit us online at [www.hiprc.org](http://www.hiprc.org) #BeInjuryFree |
| Closing  1:57 pm EST | Thanks for participating in our National Injury Prevention Day #BeInjuryFree twitter chat.  Our partners are available to keep the conversation going, so if you have any questions or feedback, feel free to reply to the chat tweets. Tag #BeInjuryFree to add your voice to the dialogue. |