

VOLUNTARY WAIVER OF FIREARM RIGHTS

Voluntary Waiver of Firearm Rights (Voluntary Do-Not-Sell) is a firearm safety and suicide prevention strategy to keep you and your family safe. In Washington State, an individual who is concerned about suicidal thoughts may voluntarily ask to be put on the Do-Not-Sell registry used during the background check process. This request is fully reversible, and may happen in consultation with your medical provider. The goal is to reduce suicide risk by voluntarily and confidentially restricting immediate access to firearm purchase.

- Mental health crises can impact anyone, and many suicide attempts are impulsive. In
 Washington State, three in every four firearm deaths are suicides. Suicide attempts using
 firearms are nearly always lethal, with no "second chance" to get needed help.
- By being proactive about access to a firearm, you can **protect yourself and loved ones** from firearm injury or suicide.

In times of crisis, people shouldn't be around things that are highly dangerous because there's a **degree of impulsivity** that goes along with a large number of **suicide attempts**.

- Brett Bass, Program Coordinator-Safer Homes, Suicide Aware, UW Forefront

WHY USE VOLUNTARY DO-NOT-SELL

Stops impulsive firearm purchases at a time when you or a loved one feels actively suicidal. It can be easily reversed by the individual when no longer needed.

HOW TO USE VOLUNTARY DO-NOT-SELL

- 1. Individual files Voluntary Waiver of Firearm Rights at a county clerk's office (requires photo ID).
- 2. Information is submitted to national database to restrict firearm purchases.
- 3. Individual can remove their name after a week at the same county clerk's office where they originally filed. At that time, all documentation is destroyed.



