HOW TO KEEP YOUR CHILD SAFE FROM COVID-19
GET VACCINATED

All children over age 12 currently eligible for COVID-19 vaccines should get fully immunized.

Kids are fully-vaccinated 2 weeks after the second dose of Pfizer or Moderna vaccines, and 2 weeks after the single dose of the Johnson & Johnson's vaccine.

Source: healthychildren.org
MASK UP

Everyone over the age of two should wear face masks that cover the nose and mouth correctly and consistently.

Face masks are effective and safe to wear for long periods of time.

Source: healthychildren.org
PHYSICAL DISTANCING

Many schools have developed new safety protocols including increased ventilation, cleaning and sanitizing classrooms and common areas, using outdoor spaces for instruction, and reducing student circulation.

Students should remain at least 3 feet apart within classrooms when possible.

Source: healthychildren.org
COVID-19 SYMPTOMS

Children's COVID-19 symptoms tend to be mild and cold-like. Most recover within 1-2 weeks. Look for:

- Fever or chills
- Nasal congestion or runny nose
- Cough
- Sore throat
- Shortness of breath or difficulty breathing
- Fatigue
- Headache
- Muscle aches or body aches
- Nausea or vomiting
- Diarrhea
- Poor feeding or poor appetite
- New loss of taste or smell
- Belly pain

Source: Mayo Clinic
WHERE TO GET TESTED

UW Medicine offers drive-through and walk-up testing for COVID-19. Find a testing site near you at:

www.uwmedicine.org/coronavirus/testing

Appointments vary by location. Check each location for details.