

# Dementia & Firearm

# SAFETY





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## What is Dementia?

There are many different forms of Dementia, all referring to problems with the brain. **Mild Cognitive Impairment (MCI)** is an early change in the brain that may eventually lead to Dementia but sometimes resolves.

## Is Alzheimer's Disease the same as MCI?<sup>1</sup>

**MCI is not as severe as Alzheimer Disease (AD)**, the most common form of Dementia or other **AD-related dementias (ADRD)**.

People living with MCI are more likely to develop AD or ADRD, but sometimes the condition may improve or remain the same.

<sup>1</sup> What Is Mild Cognitive Impairment?  
National Institute on Aging  
([nih.gov](https://www.nih.gov))



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## 10 Early Signs<sup>2</sup> of Alzheimer's Disease or other Dementia:

- 1 Memory loss that disrupts daily life
- 2 Challenges in planning or solving problems
- 3 Difficulty completing familiar tasks
- 4 Confusion with time or place
- 5 Trouble understanding visual images & spatial relationships
- 6 New problems with words in speaking or writing
- 7 Misplacing things & losing the ability to retrace steps
- 8 Decreased or poor judgement
- 9 Withdrawal from work or social activities
- 10 Changes in mood & personality

<sup>2</sup> Memory Loss & 10 Early Signs of Alzheimer's  
([alz.org](http://alz.org))

LEARN MORE ➔

[hiprc.org/dementia-firearm-safety](http://hiprc.org/dementia-firearm-safety)



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## Resources:

### 1» **Three interventions Toolkit**

FREE Digital Toolkit featuring three interventions to address firearm injury and death.

### 2» **Firearm Life Plan**

Developed by the **University of Colorado** to help people think about important questions related to firearms and to protect their families from the burden of making difficult decisions without guidance.

### 3» **Forefront LEARN<sup>®</sup>**

Provides steps to take to immediately make your home and community safer, and guidance on what to do if you're faced with supporting someone who may be considering suicide.

*Includes webinars, videos, trainings, and other resources.*

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