April is... SEXUAL ASSAULT AWARENESS MONTH

Use your voice to prevent it.

Trigger warning: Post talks about sexual violence
“It takes a lot for someone to share they are experiencing sexual violence. Be supportive. Believe them and take what they are saying seriously.

Avanti Adhia, ScD
HIPRC postdoctoral scholar

National Sexual Assault Hotline  800.656.HOPE
EVERYONE IS AFFECTED BY SEXUAL VIOLENCE

• Every 73 seconds an American is sexually assaulted.
• Approximately 1 in 5 women experience completed or attempted rape in their lifetime.
• 1 out of every 10 rape victims are male.
• Nearly 50% of trans people are sexually assaulted in their lifetime.
• 40% of gay men and 47% of bisexual men have experienced sexual violence.

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Source: RAINN.ORG, NSVRC, VAWNET.ORG, HRC.ORG, CDC
Harborview Abuse & Trauma Center

A Community Sexual Assault Program

- Trauma counseling
- Crisis support
- Advocacy
- Medical exams
- Prevention & education

How to get involved:
1. Tell others about our services
2. Promote consent
3. Donate to support our work

Visit our website to learn more: uwhatc.org
SEXUAL ASSAULT AWARENESS MONTH

From the National Sexual Violence Resource Center:

"Sexual violence happens in every community and affects people of all genders and ages. Sexual violence is any type of unwanted sexual contact. This includes words and actions of a sexual nature against a person’s will and without their consent. A person may use force, threats, manipulation, or coercion to commit sexual violence."

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RESOURCES

• National Sexual Assault Hotline: 800.656.HOPE
• National Sexual Violence Resource Center: https://www.nsvrc.org/
• Harborview Abuse & Trauma Center (HATC): www.uwhatc.org
• Sexual Assault Nurse Examiner (SANE): www.wasafe.org
• King County Sexual Assault Resource Center: 888.99.VOICE
• National Suicide Prevention Hotline 800.273.8255