

Help share *awareness* for preventing scald injuries!



#NBAW

**National Burn
Awareness Week**

FEBRUARY 5–11, 2023

***Hot Liquids
Burn Like Fire!***



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Establish a "**kid-free zone**" of at least 3 feet (1 meter) around the stove and areas where hot food or drink is prepared or carried.



*Help share **awareness** for preventing scald injuries!*

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Keep your child safe. Never
hold a child while cooking to
avoid a scald injury.



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When bathing a child, be sure to run your hand through the water to ensure there are **no hot spots** that could cause injury.



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Use a **tight-fitting lid** with travel mugs to prevent a burn if the cup tips over.



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Warning: Handle with Care!

Microwaved food can be hot enough to cause a burn.

Always open lids away from your body.



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When taking food out of the oven, always **wear oven mitts** to prevent scald injury.



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**Avoid a dangerous
balancing act.** Never hold a
child while carrying hot foods.



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Never hold a child while
drinking hot liquids to **avoid an
accidental spill.**



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