MARCH IS BRAIN INJURY AWARENESS MONTH

hiprc.org/tbi
OVERVIEW of TBI

Traumatic Brain Injury, or TBI, is a leading cause of death and disability in the U.S. today. Approximately 166 Americans die each day from TBI-related injuries.

TBI is an injury caused by a blow, jolt, or penetrating object that disrupts normal functioning of the brain at any age. TBI can result in serious damage to the brain that can lead to long-term complications and death. CDC reports that more than 2.8 million U.S. people sustain a TBI each year; of those, more than 55,000 die and more than 280,000 are hospitalized.
CONCUSSIONS
Signs & symptoms

Physical Awareness:

- Loss of consciousness
- Mild to severe headache
- Nausea or vomiting
- Dilation of pupils
- Loss of coordination
- Sleeping disorders
- Convulsion
- Dizziness or fatigue
- Loss of balance
- Sensory Symptoms
- Blurred vision
- Double vision
- Ringing sound in ears
- Loss of ability to smell
- Sensitivity to light or sound

hiprc.org/tbi
RESOURCES

hiprc.org/tbi

hiprc.org/rtl-2

hiprc.org/pegasus

cdc.gov/traumaticbraininjury
CONCUSSIONS
Signs & symptoms

Mental Awareness:

- Memory problems
- Alexia
- Speaking disorder
- Dysgraphia
- Mood swings
- Depression or Anxiety
- Coma

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CONCUSSIONS

4 Important Facts

• A person with a concussion is a person first.

• No two concussions are exactly the same.

• The effects of concussions are complex and vary greatly from person to person.

• The effects of concussions depend on factors such as cause, location, and severity.

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RESOURCES

Return to Learn (RTL)

For every high school student diagnosed with a concussion, every school needs a plan. This study tests flexible, accessible, and comprehensive Return to Learn (RTL) protocol designed to get students back in the classroom for learning.

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RESOURCES

PEGASUS Project

A global partnership led by Harborview Injury Prevention and Research Center to study best practice guideline adherence and outcomes in severe pediatric TBI treatment in Argentina, Chile, and Paraguay.

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