



HARBORVIEW  
INJURY PREVENTION  
& RESEARCH CENTER

UNIVERSITY *of* WASHINGTON

# February is Teen Dating Violence Awareness Month

#LoveLikeThat #TDVAM2024

love is  
respect.



# Healthy

**A healthy relationship means both you and your partner are:**

- Communicating
- Respectful
- Trusting
- Honest
- Equal
- Enjoying personal time away from each other
- Making mutual choices
- Economic/financial partners

[hiprc.org/blog/tdvam-2024](https://hiprc.org/blog/tdvam-2024)



# Unhealthy

**You may be in a unhealthy relationship  
if your partner is:**

- Not Communicating
- Disrespectful
- Not trusting
- Dishonest
- Trying to take control
- Only spending time together
- Pressured into activities
- Unequal economically

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# Abusive

**Abuse is occurring in a relationship  
when one partner is:**

- Communicating in a hurtful or threatening way
- Mistreating
- Accusing the other of cheating when it's untrue
- Denying their actions are abuse
- Controlling
- Isolating their partner from others

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