What is TBI?

Traumatic Brain Injury, or TBI, is an injury caused by a blow, jolt, or penetrating object that disrupts normal functioning of the brain at any age. TBI can result in serious damage to the brain that can lead to long-term complications and death.

How to Recognize Symptoms of a Concussion:

A concussion is a mild type of traumatic brain injury—or TBI—caused by a bump, blow, or jolt to the head or by a hit to the body that causes the head and brain to move rapidly back and forth.

MENTAL:
- Memory Problems
- Alexia
- Speaking Disorder
- Mood Swings
- Depression or Anxiety
- Light Sensitivity

PHYSICAL:
- Loss of consciousness
- Mild to severe headache
- Nausea or vomiting
- Dilation of pupils
- Loss of coordination
- Sleeping disorders
- Convulsion

Return-to-Learn Implementation for Schools Everywhere

Return-to-Learn (RTL) is AN EFFICIENT comprehensive program THAT ANY HIGH SCHOOL CAN IMPLEMENT. The RTL Program coordinates care between physicians, parents, and school administrators to offer best practice academic accommodations to help students return to their full classroom capacity.

Learn More:

Contact the Harborview Injury Prevention & Research Center at hiprc@uw.edu or visit us online at hiprc.org/tbi.