Share these Poison Prevention Tips:

When the unexpected happens, POISON HELP is here for you!

If an individual has ingested a poison...

Call 1-800-222-1222

If an individual is experiencing a medical emergency such as difficulty breathing, having a seizure, has collapsed, or cannot be awakened...

Call 9-1-1 Immediately!

Harborview Injury Prevention & Research Center
University of Washington
Safe Storage is extremely important!

Even though many medications and supplements are now improved to be child-resistant, it is always important to keep these items out of reach from little ones.
Medicines are OK in the right amount, for the right person.

Medication mistakes can be especially harmful for children.

It is dangerous to take a wrong medicine, or to take too much!
Download a Poison Safety Checklist

These potentially harmful items in your home need to be used and stored safely. Keep them out of sight—and out of reach of children. If possible, lock them up!

HARBORVIEW INJURY PREVENTION & RESEARCH CENTER
UNIVERSITY OF WASHINGTON
Don’t flush medicine *down the drain!*

Learn how to **properly** dispose of medications at your local hospital or pharmacy — check out these resources for safe medicine disposal.
Common poisonous household items

• Cosmetics & personal care products
• Cleaning substances
• Pain medicine & fever-reducers
• Coins & thermometers
• Plants