

# Natural Hairstyles + Bike Helmets



**Low Buns**



**Bun**



**Braids or Dreadlocks**



**Hair Down**



**Hair Down**



**Low Ponytail**

**Protect your head with a helmet every time you ride. Wearing a bike helmet can lower the risk of brain injury by up to 88%.**

## **Tips for a better & more comfortable fit:**

- + Wear hair down when possible
- + Keep a tie-down on hand to pull hair back and down

