Have a FUN & SAFE SUMMER
Put Safety First!

HARBORVIEW
Injury Prevention & Research Center
UNIVERSITY of WASHINGTON

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hiprc.org/summer-safety
Helmets play a HUGE role in protecting you from serious injuries. It is important to wear a helmet during pedal-powered sports and other activities (such as riding horses, ziplining, and other outdoor adventures).

Share helmet safety tips >> hiprc.org/summer-safety
Avoid Window Falls

Window screens do not protect children from falling out of open windows.

Instead, they create a false sense of security that contributes to risk of falling.

Install window stops and window guards to avoid falls and serious injuries.

Share window safety tips >> hiprc.org/summer-safety
Passenger Safety

Keep all passengers safe—make every ride count!

Regardless of whether you are heading out on a road trip or just running a quick errand, make sure all passengers are in the right restraint system.

Buckle up, it’s the law.

Share car seat & booster seat tips >> hiprc.org/summer-safety